

Travel Advice for International Travelers

Any travel to/from COVID-19 affected countries (with local transmission, i.e. countries where people were infected, but did not have travel history) is discouraged, unless essential.

If any such visit is unavoidable, departing travelers should -

- Follow the travel advisory of the visiting country and take necessary travel precautions accordingly.
- Report sickness with the airport/airline authority if any.
- During visit-
 - ✓ S/he should not stay outside room unnecessarily.
 - ✓ S/he should preferably avoid crowds, especially public gatherings, like-markets, movie theatres, concerts, stadiums etc.
 - ✓ S/he should not come in close personal contacts like handshaking, hugging etc. with any person.
 - ✓ S/he should avoid contact with ill persons having symptoms of fever/cough/sore throat/ respiratory distress etc.
 - ✓ S/he should avoid contact with sick animals/ birds, and going to markets known for selling live or dead animals.
 - ✓ S/he should frequently wash hands with soap-water (at least for 20 sec) or with alcohol-based hand rub.

For passengers, arriving in Bangladesh from COVID-19 affected countries-

- On board, Health Declaration Forms & Passenger Locator Forms are distributed for filling up. Passengers should fill these forms duly and return to the designated person/ immigration desk.
- Health Information Card is also distributed among the arriving passengers at the airport for further instructions and communication with IEDCR. Passengers should preserve these cards so that these cards can be used in future if necessary.



- **If s/he feels sick** (fever $\geq 100^0$ F or cough or sore throat or breathing difficulty) during travel/on arrival in Bangladesh, s/he should report sickness immediately to the cabin crew/airport health desk.

A sick passenger should maintain cough etiquette (i.e., covering mouth and nose with tissue/flexed elbow and disposing used tissue in a lined trash can). S/he will be transferred to a designated hospital (Kuwait Bangladesh Friendship Hospital) by a designated ambulance for further diagnosis & management.

- **Healthy Passenger** should preferably use private vehicle for going home from airport, if affordable. S/he should wear a mask during this travel and keep the windows of the vehicle open.
- These passengers should abide by the followings for next 14 days-
 - S/he should stay at home; and should not attend office/school or any other public gatherings, like- markets, movie theatres, concerts, stadiums etc. For essential visit outside home, s/he should wear a mask to cover mouth and nose.
 - Passengers should wash both hands frequently with soap & water for at least 20 seconds or with hand sanitizer or alcohol-based hand rubs.
 - S/he should not touch nose, mouth and eyes with unclean hands.
 - If any symptom, like- fever/cough/sore throat/breathlessness etc. develop within 14 days of arrival-
 - ✓ Passengers should contact IEDCR through Hotlines (01937-110011, 01937-000011, 01927-711784, 01927-711785) for further suggestion, **and**
 - ✓ S/he should go to nearby government hospital. During the way to hospital, s/he should wear a mask, keep distance of at least 1 meter (3 feet) from other persons; and preferably avoid mass transportations.



Entry check up flow chart for arriving passengers

